

Feb 22 - this appeared on my leg the morning of February 21st. I had not cut myself, this emerged from within.



Feb 23



Feb 24



Feb 28



March 11 - seemed to be a done deal. I hadn't done anything special to treat it at this point as it seemed to be healing fine on it's own. But then....



March 14 - the scabs all fell out, revealing pus filled holes, then everything went kinda nuts



March 16



March 19



March 20 - started feeling a bit sick. This is also the day I noticed that the bacteria seemed to be eating away a very old bracing pattern in the fascia of this leg - from my earliest injury and lots of sprained ankles piled on top. Even though I was feeling pretty awful, I was starting to discover more freedom of movement, and much more nuance of movement available in that leg.



March 22 - had a fever this day and the next, with runny nose. Continued to discover more mobility and nuance in the leg.



March 24 - scabs started to form, fever and runny nose gone. Continued increase in leg mobility and nuance of movement. Redness continues to spread though.



March 25 - scabs forming well, still no fever or runny nose, feeling good energy levels.



March 27 - Still feeling fine with no fever or symptoms, but infection is still spreading - more redness, plus scab came off a large area due to a poultice that was a bit too sticky.



March 29 - Took massive doses of Vitamin C, D, E and bioflavonoids. Which I believe killed all the bacteria in my organs and blood, causing a massive detox response. Huge red areas under the armpits, indicating the lymph system processing what it can, but also my hands had what looked like a histamine response. Swelled up to about double size with tons of bumps - my hunch is that when the lymph reached the max for what it could process, this was where my body packed the remaining toxins and proteins from the bacterial die off, to keep them far away from my organs.



March 30 - redness decreased in lower leg, but over the last couple days has spread to knee, which is now scabbing up nicely. Had a sense that this was the final piece that the bacteria needed to infiltrate in order to enable the healing of the deep bracing patterns, and so saw my doctor today and started a strong course of penicillin to assist with the clean up of bacteria.

Swelling in hands decreased but not gone, bumps starting to scab up - very painful. Looking at my hands I heard the phrase 'caught red-handed', which is when I started to get a sense of what this was all about - the complete clearing off all karmic debt from all time - basically my penance and correction for all the times I screwed up and hurt or killed others throughout all incarnations. 'Lifting my leg out of hell'.



April 1 - swelling in leg decreasing, redness decreasing, new skin forming in more areas.



April 3 - Definitely on the mend, redness of infection continuing to decrease. Swelling in hands mostly gone, but very scabby. Probably the most painful day so far, between the hands, and the stiffness in leg from all the scabbing.



April 5 - Almost all redness gone from leg, healing nicely, still quite uncomfortable but not as painful as the last two days. Hands still uncomfortable but swelling is completely gone and lots of dried skin and scabs flaking off.



April 11 - Scabs almost gone from leg. Hands feel basically fine but skin is still rough and discolored



April 25 - Leg completely healed. Just discoloration remains. Hands completely healed and the skin now feels like new baby skin.

